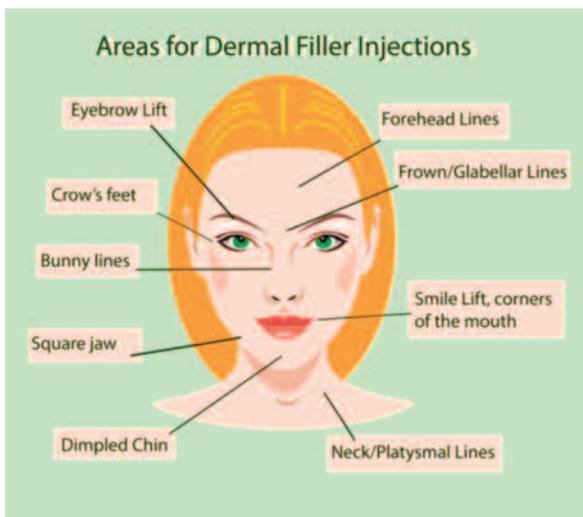


# THE ART OF A LIQUID FACELIFT



With Frances Furlong



**A**s we age, the face begins to lose collagen and elastin which contributes to sagging facial features. The loss of facial volume and elasticity also leads to the formation of wrinkles, lines and folds. Typically clients tend to assume that if a particular line appears on the face like nose to mouth crease that you simply fill this line. However my approach is to assess the whole facial structure, skin condition and balance of the facial features. Many clients are surprised to learn that often I need to address other areas of the face in a combination approach to get the best result and give a natural, balanced youthful appearance, rather than a swollen, over filled face. Furthermore, simply having a surgical face lift will still require dermal fillers or fat

transfer to address the volume loss, that's why non surgical procedures are in more demand than ever, clients would rather seek surgery as a last resort option after all other techniques have been exhausted.

It is common for patients who have had Liquid Face Lift procedures to say that they receive compliments on their appearance without others knowing that they have done anything. In some instances, the results can be so uplifting that they change an individual's life, enhancing confidence and self esteem.

A Liquid Facelift is a technique for injecting advanced dermal fillers, such as sculptra®, Radiesse® and Restylane® to lift, contour and enhance facial features. It can reduce wrinkles, creases and folds, furthermore restoring the natural curves of the face. Each of these dermal fillers has unique attributes that work in their own special way to rejuvenate specific areas of the face. In general, dermal fillers replace lost volume in the face or help the body regenerate its own collagen. I always suggest to each client the best option for them taking into account age, volume loss, skin quality, goals, lifestyle, finance and medical reasons. In most cases clients will benefit in combining the Liquid Facelift with muscle relaxing injections to mimic the effect of a non-surgical brow lift. Prices for a non surgical face lift normally start at £700 - £1000. ■

## THE DETAILS

Please call Michelle on 07508 404862 for further information. [info@perfect-skin.co.uk](mailto:info@perfect-skin.co.uk) [www.perfect-skin.co.uk](http://www.perfect-skin.co.uk)

## A-Z OF HEALTH AND BEAUTY TIPS AND TREATMENTS

**Salicylic acid**, if you suffer with mild acne, blocked pores and blackheads you need to use a product that contains this magic ingredient on a daily basis.

**Tags** and benign growths on the body and face. These unsightly lesions can spoil a

complexion, cryotherapy and Plexr can remove them effectively.

**Upper lip lines** or smokers lines can be improved with a light dermal filler so not to create volume but to gently smooth out the skin. Furthermore Plexr can also help to tighten and lift out the vertical nose to lip lines.

**Vertical cheek lines** normally indicate dehydrated skin, use a skin booster like Restylane to gently address the ageing areas of the cheek.

**Wonky noses** can be easily straightened with a small amount of dermal filler, clients who assumed that surgery was the only option are delighted with the results without

the risks and downtime associated with surgery.

**X is for Xerosis** - dry skin is generally dull, flaky and rough to touch. Try Body smoothing lotions that contain glycolic acid of lactic acid to restore healthy soft smooth skin.

**Youthful** glowing skin can be achieved with mild skin peels combined with vitamin micro injections placed under the skin.

**Zzzz** work on getting more sleep, but more importantly good quality sleep, avoid too much caffeine or alcohol before bed. Lavender drops sprinkled on your pillow and camomile tea can help you drift off easier.