



FOR a generation of girls, Patrick Swayze will always be the hunk who brought a sizzling touch to the samba in Dirty Dancing.

So it's good to see the smooth mover has aged well since the hit 1987 film.

He may have God-like looks but he's still human and will be celebrating his 54th birthday on Friday. So has Patrick had any help in maintaining his youthful appearance?



## teiline Veinegre ent

FRANCES Furlong, nurse practitioner at City Skinklinic (0870 751 3870 or www. cityskinklinic. co. uk): "Patrick has pronounced folds around the nose.

"This can be improved by fillers, thread lifting and collagen boosting

treatments. His skin may also be prone to broken veins. This can be resolved with intense pulsed light (IPL) treatments.'

MARY Burney, clinical services director at Transform Medical Group, the UK's largest cosmetic surgery group (0500 202 020): "Patrick has aged as would be expected. From the lines on his forehead, it is obvious he has not

had Botox in this area.

"But he may have had it in his glabellar lines between the eyebrows."

NO matter how much I diet, I can't get rid of the ugly "saddlebags on my thighs.
I've thought
about liposuction,
but am worried about going under the knife. I've heard of jabs that will help. Kim Arnold, WILTSHIRE

FRANCES SAYS: WE see many women at the clinic with localised fat. We use mesotherapy to help break it down. It

can also help cellulite.
Although you have fears about liposuction, some doctors advise this first, followed by mesotherapy, in which microinjections deliver vitamins and medications into the area of concern

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HOLLYWOOD siren Uma Thurman can currently be seen doing her thing as a bunny boiler supreme in My Super Ex-Girlfriend.

In the movie, Uma, who at 36 looks every bit as alluring as when she first found fame as a teenager, has supernatural powers that she uses to make the life of her ex a living hell after he dumps her.

But has Uma's evergreen appearance also had a little supernatural boost? Here's what our experts reckon:

## The Experts' Verdict

FRANCES Furlong, nurse practitioner at City Skinklinic (call 0870 751 3870 or visit www. cityskinklinic.co.uk):

"Uma has looked after her skin very well with no indication of sun damage on her face or décolletage.

"No doubt she has regular collagen-boost-ing treatments such as Intense Pulsed Light (IPL), mesolift or skin peeling. Her forehead and eye area are free from lines so she may have had muscle-relaxing jabs.